



2021-22 Senior Promotions in the Department of Medicine

Congratulations to DOM faculty receiving Case Western Reserve University School of Medicine faculty promotions which were effective July 1, 2022.

Mauricio Silveira Arruda – Professor
Atul Chopra – Associate Professor
Mona Gupta – Associate Professor
Gerard Ashton Isenberg – Professor
Nagaraju (Raj) Sarabu – Associate Professor
Sapna Varghese Thomas – Associate Professor
Muralidhar Pallaki – Associate Professor
Mary Ann Richmond – Associate Professor



Internal Medicine 2023 Subspecialty Match

We could not be more grateful for the mentorship and support by our faculty for our residents who choose to pursue subspecialty careers- we had another outstanding fellowship match. It takes a village of course.

The list includes some of our newest residents who joined us after St. Vincent's closed in mid-November. And of course we support diverse career paths and are pleased that residents are also choosing primary care and other careers.

Keith Armitage, MD - Director, Internal Medicine Residency Program

Match by Subspecialty and School

Cardiology	Case Western/UH Northwell/Zucker School of Medicine Thomas Jefferson University of Arkansas University of Buffalo Washington University in St. Louis
Endocrinology	Case Western/UH Ohio State NYU UCLA
Gastroenterology	Case Western/UH (2) Cleveland Clinic Henry Ford University of Michigan UPMC
Hematology / Oncology	Case Western/UH (3) Loma Linda University of Chicago
Hospice / Palliative Care	Brown Mayo Clinic Memorial Sloan Kettering
Infectious Diseases	Cleveland Clinic UC Irvine Yale
Nephrology	Cleveland Clinic Dartmouth UTSW Vanderbilt
Pulmonary / Critical Care	Case Western/UH (2) Cleveland Clinic University of Arizona
Rheumatology	Case Western/UH



Dr. Susheel Patil Interviewed for the Wall Street Journal

Sleepy at Work? You Might Have 'Social Jet Lag'
By Dominique Mosbergen

Almost 50% of U.S. adults experience a potentially harmful mismatch between their biological and social clocks, a new study says

(excerpt)
"In sleep medicine, we think about what you can do to optimize both sleep health and circadian health," Dr. Patil said. "Even if you might be getting adequate amounts of sleep, a misalignment of the circadian system will eventually impact your sleep as well. You don't feel as good as when both systems are operating well."

[Read the full article here >](#)



Faculty Senior Level Promotion Deadlines

Non-Tenure Track Senior-Level Promotions effective January 1, 2024

- Declaration form due January 31, 2023 ([Form](#))
- Packet due February 28, 2023 ([Guidelines](#))

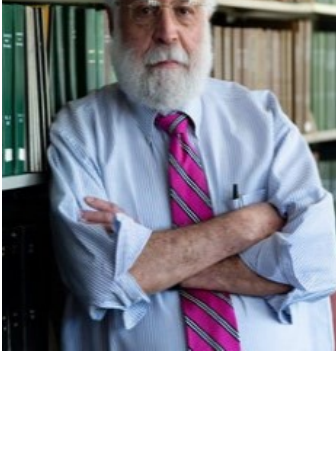
Non-Tenure Track Senior-Level Promotions effective July 1, 2024

- Declaration form due May 1, 2023 ([Form](#))
- Packet due June 2, 2023 ([Guidelines](#))

Tenure Track Senior-Level Promotions effective July 1, 2024

- Declaration form due March 31, 2023 ([Form](#))
- Packet due April 28, 2023 ([Guidelines](#))

Awards - Appointments - Publications



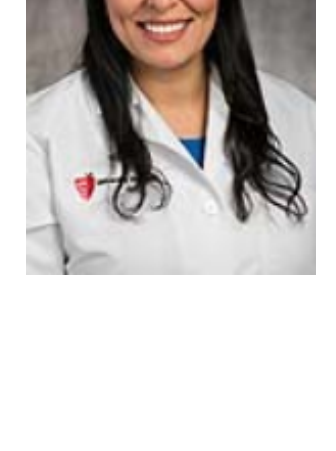
Case Western Reserve University School of Medicine's Nathan Berger receives Lifetime Achievement Award

Nathan Berger has produced decades of biomedical research into cancer development and its associated risk factors. He is a nationally renowned authority on hematology and oncology and founding member of the Case Comprehensive Cancer Center, a consortium between Case Western Reserve, University Hospitals and Cleveland Clinic, representing cancer research and cancer care in Northeast Ohio.

For his contributions to the Case Western Reserve School of Medicine for 40 years, Berger, the Hanna-Payne Professor of Experimental Medicine and director of the Center for Science Health and Society at the School of Medicine, received a Lifetime Achievement Award at the annual Dean's Reunion Soiree Oct. 7.

"I am very honored and humbled by this Lifetime Achievement Award," Berger said. "The award is recognition of my career combining medical research, education and cancer-patient care. It's validation—affirmation—that research provides the critical basis for the best patient care," said Nathan Berger, Distinguished University Professor and professor of medicine, oncology, biochemistry, genetics and genome sciences.

[Read more >](#)



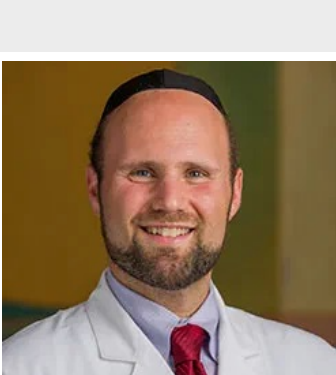
Academic Update - Sally Ibrahim, MD

- Dr. Sally Ibrahim is the site PI for the INTUNE Trial, a Phase III A Double-Blind, Placebo-Controlled, Randomized Withdrawal Study to Evaluate the Safety and Efficacy of Pitolisant in Patients with Idiopathic Hypersomnia Sponsored by Harmony Biosciences, LLC
- She is also the site PI for the DOSA trial, a Randomized Control Trial of oxygen therapy in Children and Adolescents with Down Syndrome and Obstructive Sleep Apnea. R61/R33 with recruitment starting next year.
- Dr. Ibrahim is the Associate Editor for journal Sleep and Breathing

Publications

- Tanaporn Jasmine Wilasakditpakorn, Carolyn E. Ievers-Landis, Sindhoosha Malay, Kimberly Burkhardt, **Sally Ibrahim**, Shanna Kralovic & Elizabeth A. Diekroger (2022) Sleep and media use among children with neurodevelopmental disorders during the COVID-19 pandemic, Children's Health Care, [DOI: 10.1080/02739615.2021.2013222](#)
- Narong Simakajornboon, MD; Emmanuel Mignot, MD, PhD; Kiran Maski, MD, MPH; Judith Owens, MD; Carol Rosen, MD; **Sally Ibrahim**, MD; Fauziya Hassan, MD; Ronald D. Chervin, MD; Gaylyn Perry, MD; Lee Brooks, MD; Lella Khairandish-Gozal, MD; David Gozal, MD; Thornton Mason, MD; Althea Robinson, MD; Beth Malow; Kamal Naqvi, MD; Maida L. Chen, MD; Supriya Jambekar, MD; Ann Halbower, MD; Katharina Graw-Panzer, MD; Ehab Dayyat, MD; Jenny Lew, MD; Cecilia Melendres, MD; Suresh Kotagal, MD; Sejal Jain, MD; Elizabeth Super, MD; Thomas Dye, MD; Md Monir Hossain, PhD; Dawit Tadese, PhD Increased Incidence of Pediatric Narcolepsy Following the 2009 H1N1 Pandemic: A Report from the Pediatric Working Group of the Sleep Research Network. Sleep. 2022 Sep 8;45(9):zsac137. doi: 10.1093
- Yu PK, Cook K, Liu J, Amin RS, Derkay C, Elden LM, Garetz SL, George AS, **Ibrahim S**, Ishman SL, Kirkham EM, Naqvi SK, Radcliffe J, Ross KR, Shah GB, Tapia IE, Taylor HG, Zopf DA, Redline S, Baldassari CM. Comparison of Caregiver- and Child-Reported Quality of Life in Children With Sleep-Disordered Breathing. Otolaryngol Head Neck Surg. 2022 Mar 8; [doi: 10.1177/0145599221083288](#).

Research News



UH Harrington HVI Cardiologist Works with Yale to Study Treatment for Obstructive Sleep Apnea

A National Institutes of Health (NIH) R01 grant is exploring a promising pharmacologic sodium-glucose cotransporter-2 (SGLT2) inhibitor to treat obstructive sleep apnea, a condition that affects an estimated 30 million people in the U.S. **Ian Neeland, MD, FAHA, FACC**, Director of Cardiovascular Prevention and Co-Director of the Center for Integrated and Novel Approaches in Vascular-Metabolic Disease within UH Harrington Heart & Vascular Institute, is a Co-Principal Investigator, along with Henry Yaggi, MD, MPH, Director of the Yale Centers for Sleep Medicine.

"The grant was born out of an observation that we made in previous trials that patients with diabetes who were treated with a medication from the SGLT2 inhibitor class displayed a 50 percent reduction in new-onset obstructive sleep apnea versus patients who were treated with placebo," says Dr. Neeland.

[Read more here >](#)



CINEMA Program Aims to Reduce Complications from Vascular-Metabolic Disease

The collaborative Center for Integrated and Novel Approaches in Vascular-Metabolic Disease (CINEMA) brings together multiple UH disciplines to advance the understanding and treatment of cardiovascular and renal complications of metabolic disease.

Building on years of experience among UH principal investigators and clinical care providers, UH CINEMA leverages existing system partnerships, resources and investments not to replace diabetes care but supplement existing care with a team-based approach in order to keep patients with Type 2 Diabetes free from cardiovascular and renal complications.

[Year One Lessons Published in Journal of AHA >](#)

Education News



Welcome St. Vincent Hospital Residents

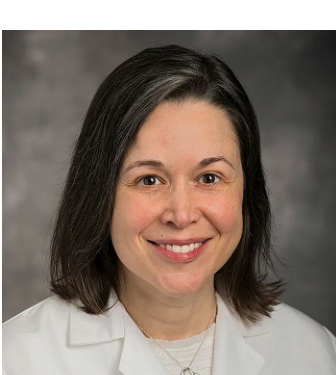
In the last thirty years, three teaching hospitals in Cleveland that hosted ACGME approved Internal Medicine training programs have closed.

In 1993, Mt. Sinai hospital suddenly closed and displaced residents scrambled to find alternative training programs. Several residents came to UH. In 2011 Huron Road Hospital in East Cleveland closed. The hospital had been purchased by the Cleveland Clinic and all the IM residents and some of the program leadership transferred to the Cleveland Clinic.

In 2022, the leaders of St. Vincent Hospital approached UH leadership about the possibility they may close; the hospital had been losing money since 2011. UH leadership offered to accommodate the St. Vincent Internal Medicine trainees. The process began in May with a request to the ACGME to approve a complement increase. Ultimately thirty-four residents transferred to UH, nine to St. Johns and eight to Geauga.

St. Vincent ended acute care and critical care services on November 15, and the residents transitioned to UHHS programs November 19. At UHCCM, we organized a two-week orientation that included administrative activities, computer training, shadowing and didactic presentations. We involved the current residents in planning the transition. The eight PGY1s from St. Vincent's began deployment in clinical training on November 28 and the PGY2s and 3s on November 30. **We welcome this new cohort!**

Keith Armitage, MD - Director, Internal Medicine Residency Program



Women as One: UH Harrington HVI Cardiologist Mentors Doctor from Mozambique

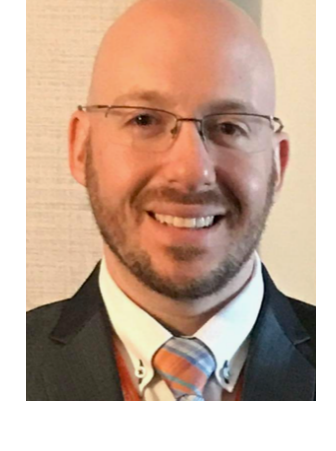
With grant funding from a non-profit organization aimed at promoting women physicians to build a more diverse and inclusive workforce, a UH cardiologist and vascular medicine specialist is mentoring a young cardiologist from Mozambique.

Heather Gornik, MD, Co-Director of the Vascular Center and the John B. Lally Family Master Clinician in Fibromuscular Dysplasia and Vascular Care, secured the \$25,000 Escalator Award from WOMEN AS ONE to serve as a mentor for Irina Mbanze, MD, who became a doctor in 2019, the year WOMEN AS ONE was founded by two prominent women physicians specializing in cardiovascular care and research.

The year-long mentorship culminated in a two-week, in-depth opportunity for learning and collaboration, hosted by the cardiovascular specialists at UH Harrington Heart & Vascular Institute and UH Cleveland Medical Center.

[Read more here >](#)

Welcome to the Department



Edward (Ted) Kaye, MD
Division of Pulmonary, Critical Care & Sleep Medicine
Associate Professor, CWRU

Dr. Edward (Ted) Kaye has joined the Department of Medicine as a sleep specialist. Dr. Kaye completed his residency in Neurology at the Dartmouth-Hitchcock Medical Center and was a Chief Resident of the program. He went on to a fellowship in Sleep Medicine at the Cleveland Clinic and then served as a sleep medicine physician at the Unity Sleep Disorders Center in Rochester, NY. Dr. Kaye will be practicing within the UH system at UH Geneva and UH Conneaut. We look forward to Dr. Kaye helping to provide and expand sleep medicine services in our Eastern region.

Upcoming Events

Medicine Grand Rounds

December 13
"Climate Health Emergency: The Healthcare Response"

Vishnu Laalitha Surapaneni, MD, MPH
Assistant Professor, General Internal Medicine
University of Minnesota Medical School

Medicine Grand Rounds

December 20
Cancelled for Holiday

Medicine Grand Rounds

December 27
Cancelled for Holiday

Medicine Grand Rounds

January 3
Cancelled for Holiday

Medicine Grand Rounds

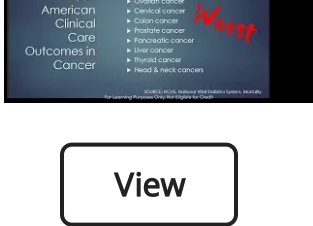
January 10
"New Advances in HRS/AKI: Clinical Update and Expert Recommendations"
(NO CME OR MOC AVAILABLE)

Pierre Gholam, MD
Medical Director, Liver Center of Excellence
Case Western Reserve University School of Medicine

Recurring Events (Zoom information sent out weekly)

Tuesdays @ Noon - **Medicine Grand Rounds Seminar Series** (September - May)
Wednesdays @ Noon - **VA Conference**
Fridays @ Noon - **UH M&M Conference**

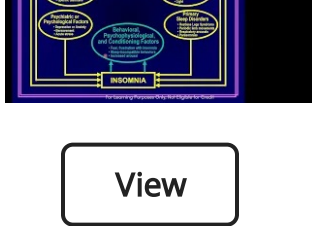
Recent Medicine Grand Rounds



[View](#)

Gregory L. Hall, MD

"Important Differences in the Clinical Care of African Americans"



[View](#)

Sat Bir S. Khalsa, PhD

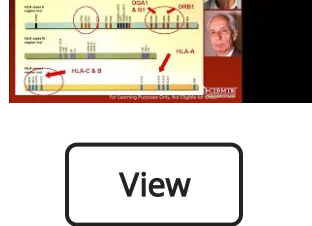
"Insomnia Treatment with Behavioral and Mind Body Practices: The Science and Research Evidence"



[View](#)

Katherine Lyons, MD

"A Pragmatic Approach to Anti-Obesity Medication Therapy"



[View](#)

Koen van Besien, MD, PhD

"The Enduring Promise of Cord Blood Grafts"