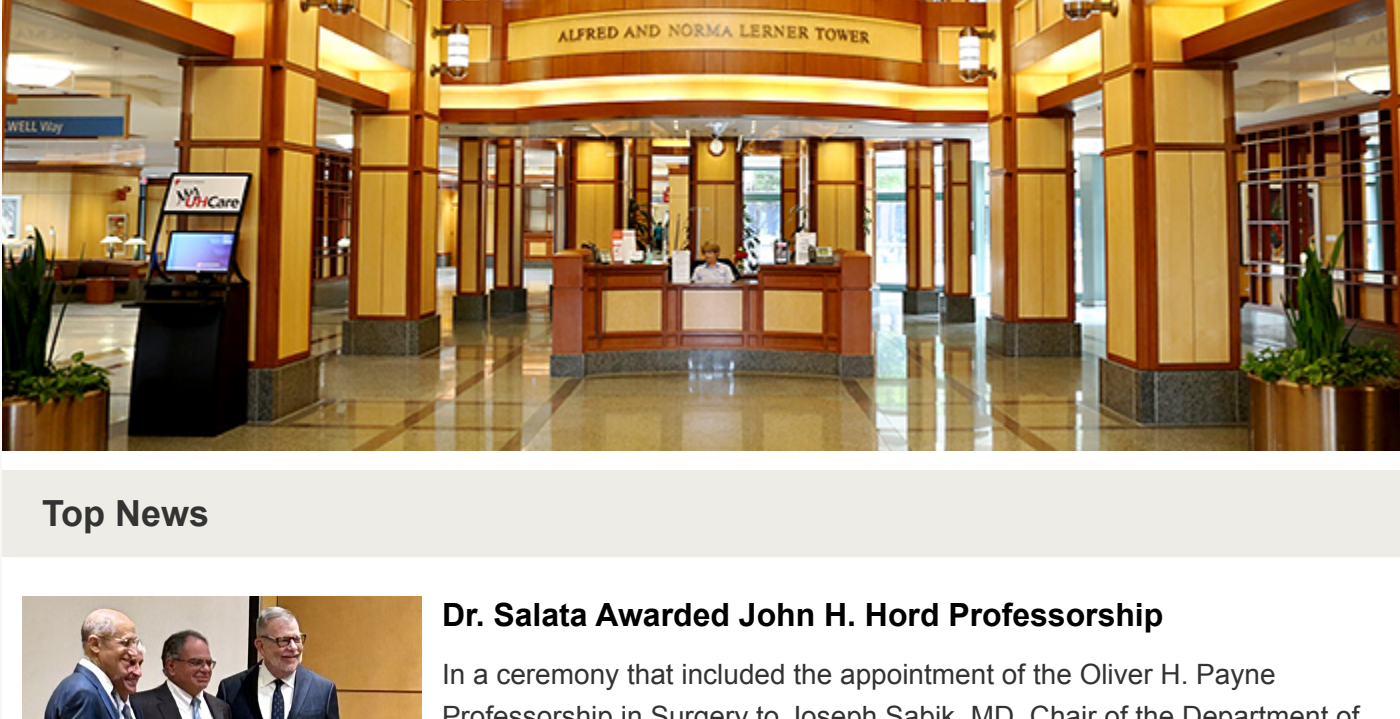




Top News



Dr. Salata Awarded John H. Hord Professorship

In a ceremony that included the appointment of the Oliver H. Payne Professorship in Surgery to Joseph Sabik, MD, Chair of the Department of Surgery, **Robert A. Salata, MD**, Chair of the Department of Medicine, was appointed the John H. Hord Professorship in Medicine by Case Western Reserve University.

John H. Hord was the uncle of Scott Inkley, a prominent pulmonary clinician and UH leader. The John H. Hord Professorship in Medicine was created by his estate in 1948. The professorship was given to the Chair of the Department of Medicine from 1948-2015, with previous recipients being Austri Weisberger, Charles Carpenter, Adel Mahmoud, and Richard Walsh. After a brief hiatus, it was reestablished in the Department of Medicine at UH in 2021.

Robert A. Salata, MD, is an accomplished leader in academic medicine holding leadership roles at UH and CWRU for nearly four decades. Also recognized for clinical expertise and teaching, Dr. Salata has received numerous educator awards and is a Distinguished Physician at University Hospitals. He is a respected Principal Investigator for HIV/AIDS research since 1997, focusing on immunocompromised patients and healthcare-associated infections. His research interests span infectious disease epidemiology, clinical trials for emerging infections, and HIV/AIDS research, particularly in resource-limited settings. Internationally, he is renowned for clinical trials and consistent NIH funding. With an impressive publication record, passion for education, uncompromising drive for clinical excellence, and strong leadership Dr. Salata continues to make a lasting impact on medicine, research, and education.



Quality Spotlight

Update from the Vice Chair of Quality and Strategic Initiatives, Dr. Heather Gornik.

I am currently working with Dr. Salata, Department Vice Chairs and Division Chairs on the 5 - year strategic plan for the Department of Medicine to identify areas of growth and evolution in our Department's programs.

I will be partnering with clinical quality leaders across our Department, including **Drs. Raj Chandra, Jihane Faress, and Varjia Yalamanchali** to expand and align Department-wide quality initiatives focused on high-priority opportunities.

I will be partnering with **Dr. Betul Hatipoglu**, Vice Chair of UH System Clinical Affairs, to work on initiatives related to improving access to clinical services across all of our subspecialties.



Diabetes Center Update

UH Diabetes and Metabolic Care Retreat

Lead by world-renowned UH Endocrinologist and Diabetes expert **Betul Hatipoglu, MD**, her team of diabetes educators, wellness professionals, fitness instructors, nurses, and research staff from the UH Diabetes and Metabolic Care Center hosted it's second Wellness Retreat Friday August 18th through Monday August 21st. Drawing in almost 100 participants in one weekend, the retreat touched on subjects such as nutrition, mindfulness, insurance, medications, and overall health and wellbeing. Each participant attended a one-day event comprised of inspirational presentations, physical and mental exercises, nature walks, clean food choices, and interactive educational sessions to manage diabetes and other metabolic conditions. Participants walked away with an inspiration for leading healthy lifestyles.

The goal of the Wellness Retreats is to provide participants a comprehensive knowledge of diabetes self-management techniques they can use to manage and overcome metabolic disorders including diabetes as well as take preventative measures to avoid complications. The team hopes to have this wellness retreat model recognized and approved by insurance companies as a treatment and preventative to type 2 diabetes and other metabolic disorders. With support from the UH Clinical Research Center, retreat participants are also provided an opportunity to participate in a research study utilizing a smart body composition scale and blood pressure monitor. This research study is one of the first of its kind, offering devices at no cost to participants to help keep track of lifestyle changes, to compare to changes in health over time, and to collect complementary data that does not otherwise exist in the clinical records to help develop individualized plans and to provide earlier interventions to improve overall health outcomes. The purpose of the study is to provide participants with tools and resources to engage in more personalized health management plans, and to also compare the retreat model against current treatment plans to determine effectiveness of this new intervention.

To learn more about UH Wellness Retreats please visit

UHhospitals.org/BeWell

Talks and Presentations at the Association of Diabetes Care and Education Specialists National Conference in Houston TX - Aug 4-7, 2023

Presentation: Use of Roundtable Panels to Reduce Gaps in Care and Improve A1c in Patients with Diabetes

Authors: **Jillian Fetzner MSN, APRN-CNP**, Brandi Dobbs MSN, APRN-CNP, Joyce Kavaras RD, LD, CDCES, **Betul Hatipoglu, MD**

Presentation: Clinical and Economic Impact of a Collaborative Pharmacist-Endocrinology Practice Structure on People with Diabetes

Authors: **Ebne Rafi PharmD, BCACP**, Breanna Wadel PharmD, MBA, **Betul Hatipoglu, MD**

Talk: "Increase Adoption of Optimization of Technology in Your Diabetes Specialist Role" by **Natalie J. Bellini, DNP, FNP-BC, BC-ADM, CDCES**

Talk: "Use of Time in Range to Congratulate, Celebrate, Recognize, Align, and Partner: by **Natalie J. Bellini, DNP, FNP-BC, BC-ADM, CDCES**

Interview / Blog

Interview: "[Controlling Gestational Diabetes Is Key for Mom and Baby](#)" featuring **Jillian Fetzner MSN, APRN-CNP**

Awards - Appointments - Publications



Nephrology Updates

The Division of Nephrology and Hypertension publishes a quarterly newsletter called the **Kidney Korner**. Here are some updates from the August 2023 edition.

Publications/Research

- Division faculty continue to make important contributions to the literature. We have published 10 papers since the last newsletter in April 2023.
- The CRIC study grant was renewed by the NIH for the next 3 years.
- Dr. Schelling received funding from Harrington Discovery Institute as the 2023 Scholar-Innovator Award Recipient for novel drug development in diabetic kidney disease.
- Drs. Jittarat, Dobre, Pradhan and Zhao had posters accepted for presentation at this year's ASN.

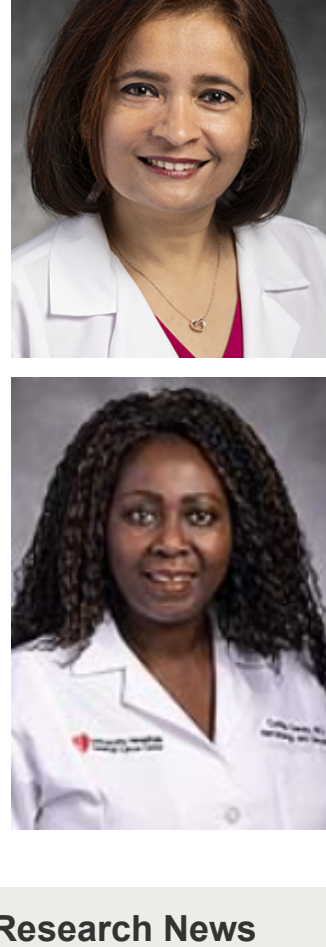
Grant submissions

- Dr. Dobre, in collaboration with Dr. Schelling and others, submitted an NIH grant to study proteomic markers and mechanisms of cardiac fibrosis in CKD.
- Dr. Rahman, in collaboration with Dr. Rao in family medicine, submitted a grant to PCORI to improve hypertension control in underserved patients.

Honors/National activities

- Dr. Pradhan has been invited to serve on the Data Safety Monitoring Board of the TRIDENT study, and to serve as a moderator at this year's ASN meeting.
- Dr. Rashidi has been invited to give talks at NYU, and University of Pittsburgh Medical Center.

[Click here to view the full August Kidney Korner »](#)



International Critical Care Expert Selected for Prestigious Campaign to Lessen Impact of Sepsis Worldwide

Kenneth E. Remy, MD, MHCSc, MSCI, FCCM, The Ellery Sedgwick, Jr. Chair and Distinguished Scientist in Cardiovascular Research, Inaugural director of the Blood, Heart, Lung, and Immunology Research Center at Case Western Reserve University and University Hospitals of Cleveland, and faculty in the Departments of Internal Medicine and Pediatrics was selected to serve as an international expert for the [Surviving Sepsis Campaign \(SSC\)](#). Sepsis and septic shock are leading causes of death worldwide, accounting for over 11 million lives lost.

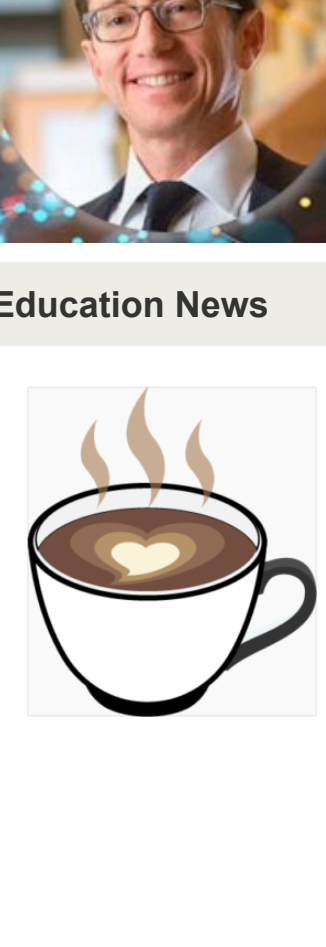
The International Surviving Sepsis Campaign is a joint initiative of the Society of Critical Care Medicine (SCCM) and the European Society of Intensive Care Medicine (ESICM). These societies are committed to reducing mortality and morbidity from sepsis and septic shock worldwide. The multidisciplinary, international experts who lead the SCC are committed to improving the time to recognize and treat sepsis and septic shock. The campaign selects less than 60 world experts in sepsis, and thus the selection of **Dr. Remy** for this campaign is an institution's first.

Collaborating with other experts, **Dr. Remy** will develop the 2024 pediatric sepsis guidelines and then, sequentially, the adult guidelines. The guidelines process will closely follow the first edition of the "Surviving Sepsis Campaign International Guidelines for the Management of Septic Shock and Sepsis-Associated Organ Dysfunction in Children," which provides guidance for the clinician caring for children with a sepsis or septic shock diagnosis in the PICU.

Dr. Remy's expertise in immunology and research were guiding factors in his selection to lead a special panel for the SSC initiative. The approach of the SSC campaign includes building awareness of sepsis, improving diagnosis, increasing the use of appropriate treatment, educating healthcare professionals, improving post-intensive care unit care, developing guidelines for care, and facilitating data collection for audit and feedback in a reduction in sepsis mortality. The SCC campaign and guidelines are the background for all sepsis management in resource-rich and resource-limited countries.

Dr. Remy is a clinical provider in both the adult and pediatric critical care units at University Hospitals Cleveland Medical Center and UH Rainbow Babies & Children's Hospital located in Cleveland's University Circle. In addition to his interest in sepsis, **Dr. Remy's** expertise and experience extends to COVID, global health, bioethics, humor therapy and palliative care.

[Read more »](#)



Palliative Care Publication

Drs. Mona Gupta and Cynthia Owens co-authored the article entitled "Early Palliative Care for the Geriatric Cancer Patient" published in Elsevier Journal "Clinics in Geriatric Medicine" in July.

Key Points discussed in the article include:

- Older adults with cancer often have a multitude of physical and psychosocial needs that may benefit from early implementation of palliative care.
- Older adults with cancer have unique metabolic and pharmacologic considerations that may impact care.
- A thorough assessment of both palliative and geriatric domains may help to identify problems unique to the older adult with cancer and help to address these needs in a timely manner.
- Multidisciplinary involvement is the key to achieving adequate palliative care management for many older adults in the oncology space

[Click here to read the article »](#)

Research News



Case Western Reserve-based medical research collaborative awarded \$56.3M federal grant to improve region's health

Renamed Clinical and Translational Science Collaborative of Northern Ohio to reflect even broader reach with addition of two partner institutions

The National Institutes of Health (NIH) has awarded Case Western Reserve University School of Medicine's Clinical and Translational Science Collaborative (CTSC) a seven-year, \$56.3 million grant to continue—and expand—initiatives that improve people's health in Northern Ohio and beyond.

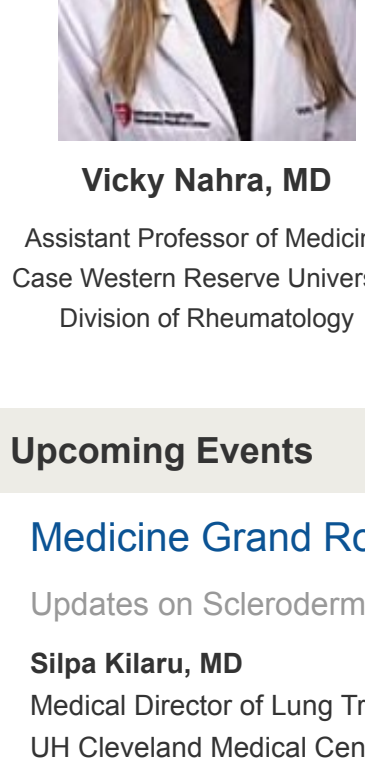
The funding—a Clinical and Translational Science Award (CTSA) administered by NIH's National Center for Advancing Translational Sciences—builds on nearly \$175 million from the NIH since 2007 to support a collaborative among leading biomedical institutions in Northern Ohio. Combining efforts helps speed research breakthroughs for patients and increases the number and diversity of researchers and patients.

Since its inception, CTSC has included Cleveland Clinic, The MetroHealth System, University Hospitals (UH) and the VA Northeast Ohio Healthcare System (VANEHOS). Faculty at these partner sites all have appointments at the Case Western Reserve School of Medicine.

In this new grant cycle, the collaborative becomes the CTSC of Northern Ohio with the addition of two partner institutions—the University of Toledo and Northeast Ohio Medical University (NEOMED).

Also, **Grace McComsey**, vice dean for clinical and translational research at the School of Medicine and vice president of research and associate chief scientific officer at UH, who led the successful renewal application, has become CTSC director.

[Read more »](#)



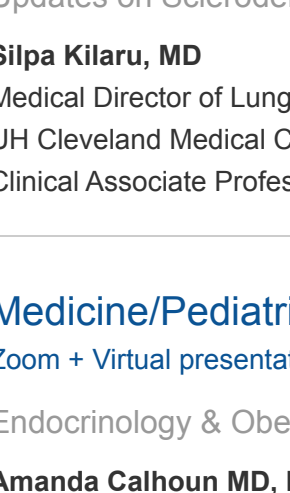
Science@UH Podcast - with host Daniel Simon, MD

Discovery of Protein S-nitrosylation Leads to Creation of Oxygen and Nitric Oxide Tracking Exercise Monitor

Guest: **Jonathan Stamler, MD**

[Listen Now »](#)

Education News



Coffee Kudos

THANK YOU TO ALL OF OUR RESIDENTS for teaching the medical students.

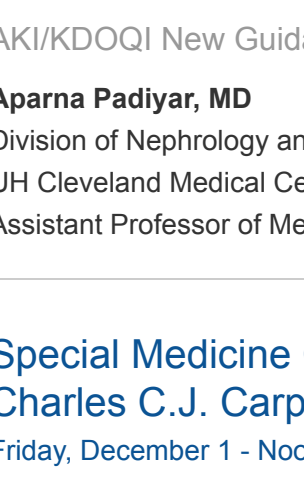
The Coffee Kudos Award is a quarterly resident teacher recognition award given to the Internal Medicine residents who went above and beyond in their teaching of 3rd year IM clerkship rotation students as selected by the 3rd year CWRU Internal Medicine clerkship students on service at UH/CMC.

Here are the Coffee Kudos honorees (best clerkship teachers) from the CWRU medical students who rotated in June - August 2023

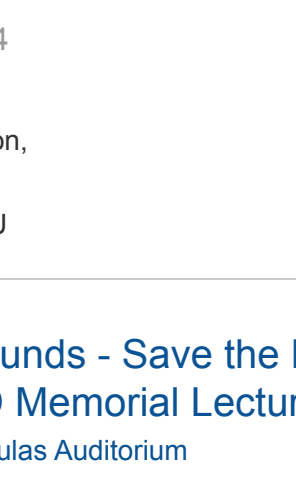
- Megan Ha, MD
- Matthew Hernandez, MD
- Yannan Huang, MD
- Amber Hussain, MD
- Andrea Janis, MD
- Pankhuri Jha, MD
- Arun Murugesan, MD
- Martin Ogorodzenski, MD
- Kaveet Pandya, MD
- Britany Stokan, MD
- Annie Zhang, MD

Congratulations to all!

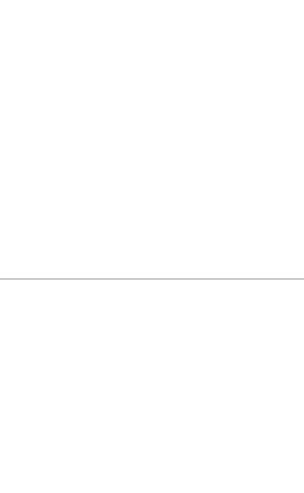
Welcome to the Department



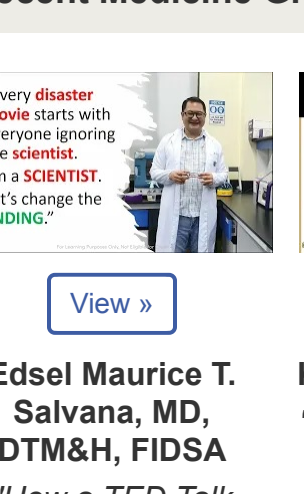
Madison Conces, MD
Assistant Professor of Medicine
Case Western Reserve University
Division of Solid Tumor Oncology



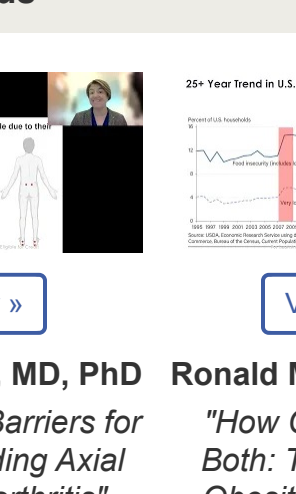
James Ignatz-Hoover, MD
Clinical Instructor of Medicine
Case Western Reserve University
Division of Hematology and Cellular Therapy



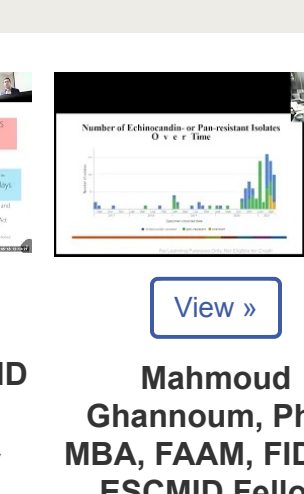
Michael Katz, MD
Clinical Assistant Professor of Medicine
Case Western Reserve University
Division of Pulmonary, Critical Care & Sleep Medicine



Vicky Nahra, MD
Assistant Professor of Medicine
Case Western Reserve University
Division of Rheumatology



Esseim Sharma, MD
Assistant Professor of Medicine
Case Western Reserve University
Division of Cardiology, Clinical Cardiac Electrophysiology



Iris Sheng, MD
Assistant Professor of Medicine
Case Western Reserve University
Division of Solid Tumor Oncology

Upcoming Events

Medicine Grand Rounds - September 12 (Zoom Only)

Updates on Scleroderma in Lung Transplant, Challenges and Accomplishments

Silpa Kilaru, MD

Medical Director of Lung Transplant,
UH Cleveland Medical Center
Clinical Associate Professor of Medicine, CWRU

Medicine/Pediatrics Grand Rounds - Thursday, September 14

Zoom + Virtual presentation can be viewed in RBC Auditorium at Noon

Endocrinology & Obesity – Title TBD

Amanda Calhoun MD, MPH

Chief Resident, Yale Albert J. Soinit Integrated Adult/Child Psychiatry program
Clinical Fellow, Yale School of Medicine

Medicine Grand Rounds - September 19

Saving Lives from Sepsis – 2023 (Sepsis Awareness Month)

Janel Paukovits, MD

Assistant Medical Director, Center for Emergency Medicine,
UH Cleveland Medical Center
Clinical Instructor of Emergency Medicine, CWRU

Medicine Grand Rounds - September 26

POCUS (Title TBD)

Paul Shaniuk, MD

Acute Medicine Section,
Louis Stokes Cleveland VA Medical Center
Assistant Professor of Medicine, CWRU

Medicine Grand Rounds - October 3

AKI/KDOQI New Guidance in 2024

Aparna Padiyar, MD

Division of Nephrology and Hypertension,
UH Cleveland Medical Center
Assistant Professor of Medicine, CWRU

Special Medicine Grand Rounds - Save the Date

Charles C.J. Carpenter, MD Memorial Lecture

Friday, December 1 - Noon to 1 PM - Kulas Auditorium

Keynote Speaker - **Jerrold J. Ellner, MD**

Recurring Events (Zoom information sent out weekly)

Tuesdays @ Noon - **Medicine Grand Rounds Seminar Series** (September - May)

Wednesdays @ Noon - **VA Conference**

Fridays @ Noon - **UH M&M Conference**

Recent Medicine Grand Rounds

[View »](#)

Edsel Maurice T. Salvana, MD, DTM&H, FIDSA
"How a TED Talk saved 350,000 lives from COVID-19"

[View »](#)

Kristi Kuhn, MD, PhD
"Mucosal) Barriers for Understanding Axial Spondyloarthritis"

[View »](#)

Ronald Magliola, MD
"How Can We Be Both: The Hunger Obesity-Paradox"

[View »](#)

Mahmoud Ghannoum, PhD, MBA, FAAM, FIDSA, ESCMID Fellow
"Candida Auris: A Global Emerging Multidrug Resistant Pathogen"

Social:

[Click here to view online](#)

To contribute or provide feedback, email: Matthew.Zelesnik@UHhospitals.org

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